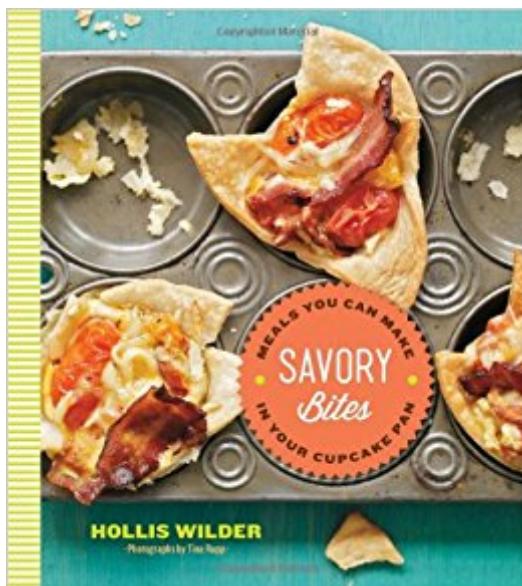


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# Savory Bites: Meals You Can Make In Your Cupcake Pan



## Synopsis

Hollis Wilder, the first two-time champion of Food Network's Cupcake Wars takes the traditional sweet cupcake in a new direction, with fresh flavors and a new savory look. The trusty cupcake pan works just as well for satisfying mini meals as it does for decadent sweets. Small, uniform portions make it easier to avoid overeating, and the meals are perfect for making ahead of time and freezing for the week in single or family-size portions. Hollis provides tips for having children help with the cooking to make a more enjoyable family mealtime. With 100 exciting recipes for breakfast, lunch, and dinner, such as Apple-Sausage Breakfast Cakes, Fig and Blue Cheese Tarts, Pumpkin Risotto, and Curried Chicken with Mango, Savory Bites proves a cupcake pan isn't just for sweets and is sure to please any palate or budget. Praise for Savory Bites: "While Wilder channels her inner Julia Child with updated aspic recipes featuring roasted vegetables, other dishes are simply comfort foods in cupcake tins." • Today.com

## Book Information

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## Customer Reviews

Hollis Wilder is the first three-time Cupcake Wars champion and owner of the bakery SweetbyHolly, with locations in Orlando and Jacksonville, Florida. A former L.A.-based private chef, she has appeared on Food Network, the Cooking Channel, CBS, NBC, ABC, and Fox News. She lives in Florida.

This book exceeds my expectations. I have made some of the recipes for gatherings as an

appetizer and they were a hit. It is easy to substitute for certain foods or seasonings if need be. Directions are very clear. Great book and glad I purchased it. A few of my friends have also went out and purchased it after they ate some of the recipes I made.

I love this cookbook. The muffin tin concept is pretty unique and the diversity of the recipes is really impressive...breakfast, pasta, vegetable, seafood, meats & poultry. Many of the ingredient combinations are very innovative and are easy to make substitutions to suit your taste. The book is very well edited, with extremely detailed instructions. One of my favorite things is that nearly all the meals can be made in advance and they do stay good for up to five days in the frig. I did not think that was possible but they do. I have made at least 10 of the recipes without a loser yet. The spinach & mushroom quiche is a hit with everyone and is great to make ahead for breakfast when you have house guests.

Lots of recipes, not enough pictures. I find that seeing pictures of the finished product helps me decide whether or not I want to try a recipe out.

Love the recipes in this cookbook! The directions are easy to follow, and I particularly like the spice level - no bland dishes made so far. I also like that the serving size is built in :)

Great recipes. Not as simple as I thought the recipes were going to be. It takes a lot more preparation than I had thought.

The recipes are easy to follow and they are delicious! I absolutely love the Biscuits and gravy recipe I make it every Saturday for breakfast!

Wish there were more pictures. Recipes are good though.

Really fun. I got three sizes of the silicone muffin forms. Growing kids and more active people can eat more than one portion while dieters can eat just one. Still just making the same meals for everyone. So far I have made Parmesan hash browns, mushroom tarts, proscuitto baked eggs, and quiches.

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